

Weeks Commencing:

01 September 25 22 September 25 13 October 25 17 November 25 08 December 25

## LUNCH MENU



Week 1

|                   | MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY  | SATURDAY  | SUNDAY   |  |
|-------------------|---|--|--|--|---|---|--|--|
|                   |   |  | Roast Wednesday  |  | Street Food Friday                                |   |  |  |
|                   | Tomato & Basil Soup   | Leek & Potato Soup   | Curried Parsnip Soup   | Cream of Broccoli Soup   | Soup of the Day                                   |   |  |  |
| Main              | Chilli Con Carne<br>Rice<br>Tortilla Chips<br>Sour Cream, Salsa   | Turkey Strips in Sweet & Sour Sauce with Bean Sprouts & Asian Vegetables Egg Noodles Spring Roll | Garlic Butter<br>Breaded Chicken<br>Breast<br>Creamy Gratin<br>Potatoes<br>Garden Peas | Beef Rogan Josh Curry<br>with Wilted Spinach<br>& Sliced Onions<br>Saffron Rice<br>Naan Bread<br>Mango Chutney | Tandoori Chicken<br>Pizza<br>Fries<br>Baked Beans | Chicken Skewers  Tortilla Wrap  Sweet Chilli Sauce  Potato Wedges | Sunday Brunch  Bacon Sausage Scrambled Egg Hash Brown Baked Beans Mushrooms Tomato |  |
| Vegetarian<br>(V) | Quorn Mixed<br>Bean Chilli  | Vegetable Stir Fry   | Breaded Vegetarian<br>Schnitzel  | Spiced Butternut<br>Squash & Spinach<br>Rogan Josh Curry   | Cheese Pizza                                      | Vegetable Skewers   |  |  |
| Pasta             | Fusilli Pasta Chicken<br>& Tomato Sauce Bake<br>Tomato &<br>Mascarpone (V)  | Fusilli Pasta Sun<br>Blush Tomato<br>& Chicken Bake<br>Tomato & Basil (V)                        | Tomato & Basil<br>Pasta Bake (V)   | Chicken, Roasted Red<br>Pepper & Tomato<br>Pasta Bake<br>Butterbeans & Spinach<br>in Tomato Sauce (V)          | Tomato & Basil<br>Pasta Bake (V)                  |   |  |  |
| Jacket Potato     | Grated Cheese<br>Beans  | Tuna Mayonnaise<br>Beans   | Grated Cheese<br>Beans   | Tuna Mayonnaise<br>Beans   | Grated Cheese<br>Beans                            |   |  |  |
| Salad             | Salad Leaves / Tomato / Cucumber / Coleslaw / Grated Carrot / Composite Salads / Chef's Special Salads of the Day / Dressings |  |  |  |   |   |  |  |
| Desserts          | Chocolate Chunk<br>Cookie   | Lemon Drizzle Cake   | Sticky Toffee Pudding<br>& Custard   | Coconut & Fruit<br>Flapjack  | Gingerbread Men                                   | Fruit Platter   | Fruit Pots   |  |
|                   | Whole Fruit   | Whole Fruit  | Whole Fruit  | Whole Fruit  | Whole Fruit                                       | Whole Fruit   |  |  |



Weeks Commencing:

08 September 25 29 September 25 03 November 25 24 November 25 15 December 25

## LUNCH MENU



## Week 2

|                   | MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY  | SATURDAY                             | SUNDAY   |  |
|-------------------|---|--|---|---|---|--------------------------------------|--|--|
|                   |   |  | Roast Wednesday   |   | Street Food Friday  |                                      |  |  |
|                   | White Onion Soup  | Sweet Potato &<br>Butternut Squash Soup  | Plum Tomato & Basil<br>Soup Fresh Basil Garni   | Cream of Pea Soup   | Soup of the Day   |                                      |  |  |
| Main              | Paprika & Honey<br>Rubbed Chicken<br>Chopped Chive Garni<br>Rosemary & Garlic<br>Roasted New<br>Potatoes<br>Baton Carrots | Cottage Pie Topped<br>with Cheddar Cheese<br>Infused Mash<br>Garden Peas<br>Braised Red<br>Cabbage | Cumberland Sausages Yorkshire Pudding Buttered New Potatoes with Chopped Parsley Pan Gravy Green Beans Halal Chicken & Sage Sausage | Lemon Chicken<br>Stir-Fry<br>with Broccoli<br>Prawn Crackers<br>Sweet Chili Sauce | Southern Fried<br>Chicken<br>Skinny Fries<br>Sweetcorn<br>Chipotle Mayo | Ham & Cheese Panini<br>Potato Wedges | Sunday Brunch  Bacon Sausage Scrambled Egg Hash Brown Baked Beans Mushrooms Tomato |  |
| Vegetarian<br>(V) | Paprika Quorn Fillet  | Vegetable Pie  | Meat Free Sausages  | Lemon &<br>Broccoli Tofu  | Vegetable Burger  | Cheese & Tomato<br>Panini            |  |  |
| Pasta             | Roasted Red Pepper<br>& Tomato Conchiglie<br>Pasta Bake (V)<br>Chopped Basil Leaf   | Chicken & Roasted<br>Tomato Conchiglie<br>Pasta Bake<br>Tomato & Basil (V)                         | Mascarpone & Plum<br>Tomato Conchiglie<br>Pasta Bake (V)<br>Chopped Basil Leaf  | Spinach & Ricotta<br>Tortellini in Chive<br>Cream Sauce (V)                       | Mac 'n' Cheese (V)  |                                      |  |  |
| Jacket Potato     | Grated Cheese<br>Beans  | Tuna Mayonnaise<br>Beans   | Grated Cheese<br>Beans  | Grated Cheese<br>Beans  | Grated Cheese<br>Beans  |                                      |  |  |
| Salad             | Salad Leaves / Tomato / Cucumber / Coleslaw / Grated Carrot / Composite Salads / Dressings                                |  |   |   |   |                                      |  |  |
| Desserts          | Apple & Cinnamon<br>Crumble with Vanilla<br>Custard   | White Chocolate<br>Cookie  | Cappuccino Slice  | Steamed Syrup<br>Sponge & Custard   | Red Velvet Cake   | Fruit Platter                        | Fruit Pots   |  |
|                   | Whole Fruit   | Whole Fruit  | Whole Fruit   | Whole Fruit   | Whole Fruit   | Whole Fruit                          |  |  |



Weeks Commencing:

15 September 25 06 October 25 10 November 25 01 December 25

## LUNCH MENU



Week 3

|                   | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY                                      | SATURDAY  | SUNDAY   |  |
|-------------------|---|---|---|--|---|---|--|--|
|                   |   |   | Roast Wednesday   |  | Street Food Friday                          |   |  |  |
|                   | Leek & Potato Soup  | Roast Tomato<br>& Basil Soup  | Cream of<br>Vegetable Soup  | Butternut Squash<br>& Coconut Soup                               | Soup of the Day                             |   |  |  |
| Main              | Chicken Korma Curry<br>with Coconut Milk<br>Fragrant Rice<br>Mini Naan Bread<br>Mango Chutney | Beef & Vegetable Pie with a Puff Pastry Top  Creamy Mashed Potato  Mixed Greens | Lemongrass Infused Breast of Chicken  Rosemary & Thyme Roasted Baby Potatoes  Buttered Carrots  Chicken Pan Gravy | Classic<br>Beef Lasagne<br>Garlic Bread Slice                    | Battered Fish Fries Mushy Peas Tartar Sauce | Chicken & Chorizo<br>Pasta Bake<br>Garlic Butter<br>& Herb Focaccia | Sunday Brunch  Bacon Sausage Scrambled Egg Hash Brown Baked Beans Mushrooms Tomato |  |
| Vegetarian<br>(V) | Chunky Vegetable<br>Curry   | Root Vegetable Pie  | Meat Free Fillet  | Vegetable Lasagne  | Vegetarian<br>Fishless Fingers              | Vegetable Skewers   |  |  |
| Pasta             | Mascarpone<br>Pasta Bake (V)  | Chicken & Roasted<br>Garlic Pasta Bake<br>Neapolitan Sauce (V)                  | Tomato & Roasted<br>Red Pepper Pasta Bake<br>(V)  | Chicken & Roasted Vegetable Pasta Bake  Roasted Tomato Sauce (V) | Tomato & Basil<br>Pasta Bake (V)            |   |  |  |
| Jacket Potato     | Grated Cheese<br>Beans  | Tuna Mayonnaise<br>Beans  | Grated Cheese<br>Beans  | Tuna Mayonnaise<br>Beans   | Grated Cheese<br>Beans                      |   |  |  |
| Salad             | Salad Leaves / Tomato / Cucumber / Coleslaw / Grated Carrot / Composite Salads / Dressings    |   |   |  |   |   |  |  |
| Desserts          | Apple & Pear Crumble<br>& Custard   | Frosted Cupcake   | Chocolate & Orange<br>Marble Cake   | Rice Pudding<br>& Jam Sauce                                      | Triple Chocolate<br>Cookie                  | Fruit   |  |  |
|                   | Whole Fruit   | Whole Fruit   | Whole Fruit   | Whole Fruit  | Whole Fruit                                 | Whole Fruit   | Fruit Pots   |  |