

Sport (BTEC)

What will I study?

Unit	Year
1 – Anatomy & Physiology	12 – EXAM
3 – Professional Development in the Sports Industry	12 – INTERNAL
2 – Fitness Training & Programming	13 – EXTERNAL CASE STUDY
5 – Application of Fitness Testing	13 - INTERNAL

What skills will I learn?

leadership

problem solving

technical skills

professional practice

communication

Lessons will be mainly classroom based to provide you with the theoretical framework for the units. You will all be involved in more practical, hands on investigations into exercise physiology and fitness testing. Throughout the course, you will be assessed using a variety of methods including computer based type up, session video evidence, practical observation, theoretical reviews and scientific investigations. There will also be a formal examination at the end of year 12 and a formal case study assessment in year 13.

Am I suitable for the course?

Although there are no formal access requirements, a standard of literacy and numeracy supported by a general education equivalent to four GCSEs at grade 9-5 is sufficient. GCSE PE is desirable but not essential. You must:

- be hardworking, focused and organised (you will need to meet deadlines most weeks).
- be able to work independently as well as in pairs or groups.
- want to pursue a career in sport and/or study sport at University.

Our students have achieved....

RESULTS



88% D*/ D in 2024 (equivalent to A*/A)

100% Merit or above in 2024

100% Pass rate for 11 years

Does it carry UCAS points?

Yes, the BTEC Extended Certificate carries the same amount of points as 1 x A-Level:

UCAS Points	56	48	40	32	24	16
BTEC ExC	D*	D		M		P
A-Level	A*	A	B	C	D	E

Do all universities accept BTEC's?

95% of universities and colleges in the UK accept BTEC students, including competitive universities from the Russell Group. Nearly all universities accept BTEC's in relevant subject areas, similar to how they would with equivalent A-level qualifications.

BTEC students can often be better prepared in terms of the independent study that is required at degree level, due to the portfolio based nature of the BTEC courses. The time management and self organisation you'll pick up on a BTEC course can also often give you the edge.

Possible Career Pathways

This course will link well with careers such as Physiotherapy, Osteopathy, Sports Coach, PE Teaching, Sport Therapy, Sports Technology Design, Events Management, Nutritionist, Personal Trainer, Leisure Centre Management and many more.

Why study a BTEC?

BTEC Level 3 Nationals are vocational qualifications providing specialist, work-related learning across a range of sectors. They have been developed in consultation with employers, universities and professional bodies and all have employability firmly at their heart.


BTEC Level 3 Nationals qualifications: can be taken either as the main focus of study or as part of a wider programme alongside other Level 3 qualifications such as A-levels. They offer learners the practical industry skills, knowledge and confidence they will need to progress to further or higher education, to employment or to an apprenticeship.

They attract UCAS points in the same way as A-levels and are widely recognised and accepted by universities and employers.

Low Exam Pressure

Some students thrive during the pressure of exams; others often fail to achieve their potential due to worries or nerves. On a BTEC, progress is measured throughout their course, allowing the student to gauge their own performance on a continuing basis, just like in a real workplace. Although there is an exam, this is not the sole assessment.

Students are more engaged and motivated as a result, as they can see their own progress through the course rather than waiting to the end to sit an exam.



Mix of internal
& external
assessment



WGS Academic Sport

@wgsacademicPE

If you have any questions please get in touch via Twitter or alternatively email/phone:

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