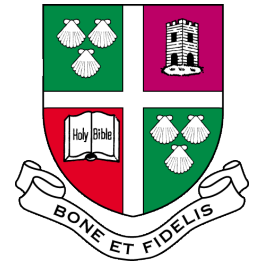


RESPECT

COMMUNICATION



LEADERSHIP

RESPONSIBILITY

YOUR FUTURE



POSITIVE RELATIONSHIPS

INDIVIDUALITY

INDEPENDENCE

PERSISTENCE

# PSHEE and Life Skills

Preparing Sixth Form students for the challenges, opportunities and responsibilities of life.

# Giving you the skills to build your brand...



“It takes courage to grow up and become who you really are”

# What will I learn...



- NCS talks and workshops
- Gambling
- Pornography
- Festival dangers and chem sex
- Partner abuse
- First Aid
- Mindfulness
- UCAS/personal statements etc.
- Wellbeing/Stress
- Drugs and Party Lifestyle
- Drink driving
- Project trust and Gap Years
- Studying Abroad
- Mental Health
- University survival cooking
- Housekeeping
- Ironing Skills
- Sleep



ALL CITIZENS OF THE WORLD  
CAN SAVE A LIFE

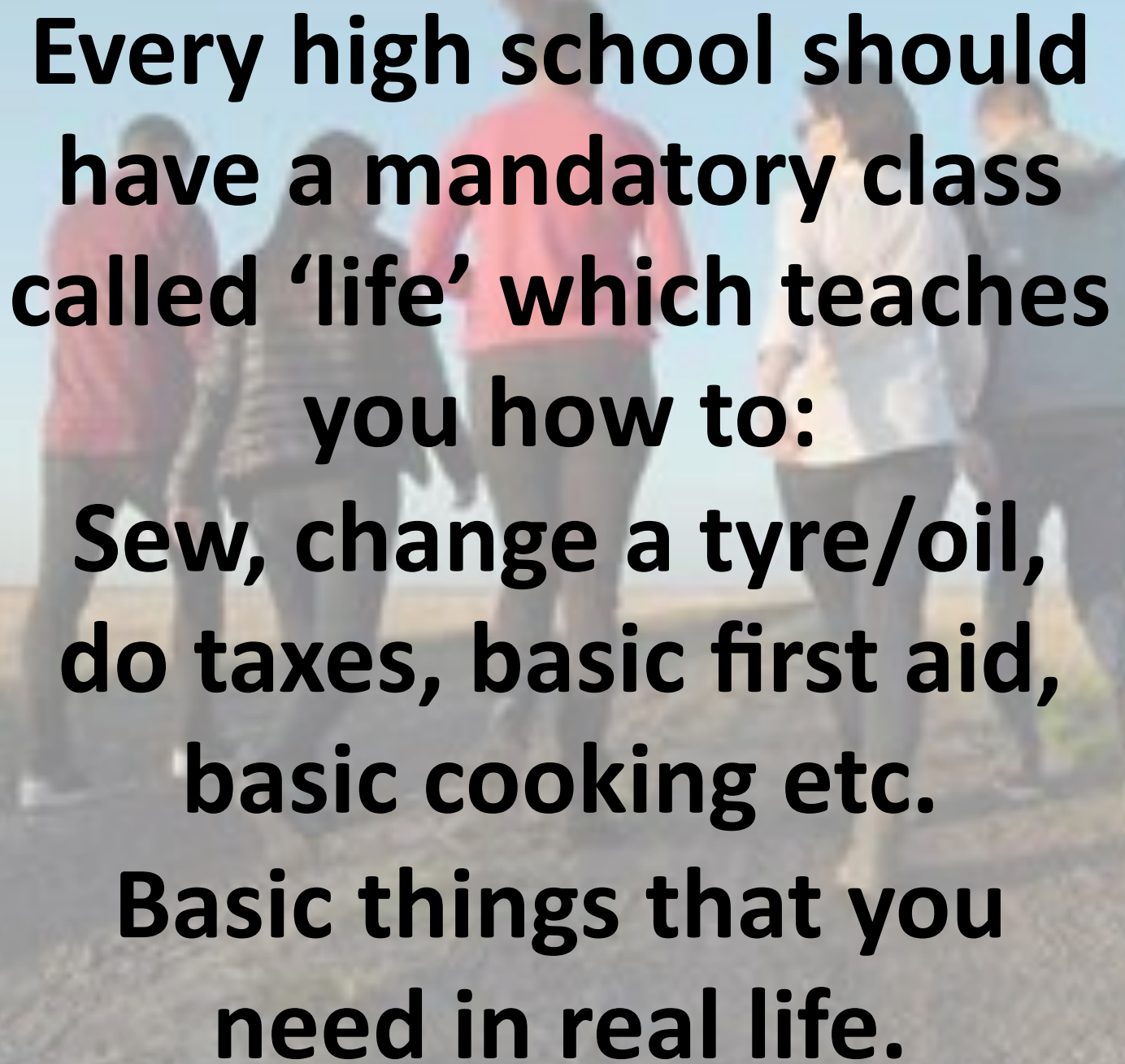


#RestartaHeart  
16 October 2018



TALK  
TO  
FRANK



A group of five people, including a woman in a red shirt and a man in a grey jacket, are walking away from the camera on a paved path. The background is a clear blue sky and a flat, open landscape.

**Every high school should  
have a mandatory class  
called 'life' which teaches  
you how to:  
Sew, change a tyre/oil,  
do taxes, basic first aid,  
basic cooking etc.  
Basic things that you  
need in real life.**

**At Woodhouse Grove  
we do!**