



# Academic PE

# GCSE PE (OCR)

Content Overview	Assessment Overview	
Applied anatomy and physiology Physical training	Physical factors affecting performance (01) 60 marks 1 hour written paper	<b>30%</b> of total GCSE
Socio-cultural influences Sports psychology Health, fitness and well-being	Socio-cultural issues and sports psychology (02) 60 marks 1 hour written paper	<b>30%</b> of total GCSE
Practical activity assessment Analysing and Evaluating Performance (AEP)	Performance in physical education (03)* 80 marks non-exam assessment (NEA)	<b>40%</b> of total GCSE

## Am I suitable for the course?

Although there are no formal access requirements, an interest in sport and science would be beneficial. It is also strongly recommended that the candidate can perform well in at least 3 sports with 1 of the 3 being either a team or individual sport and be actively competing.

GCSE PE links well with science and leads nicely onto BTEC Sports Coaching.

# RESULTS

### 2024 results

20% Grade 9  
45% Grade 9—7



# BTEC L3 Sport (Extended Certificate)

**Our students have achieved....**

88% D\*/D in 2024  
(equivalent to A\*/A)

100% Merit or above

100% Pass Rate for 11 years

# RESULTS



## What will I study?

Unit	Year
1 – Anatomy & Physiology	12
2 – Fitness Training & Programming	13
3 – Professional Development in the Sports Industry	12
5 – Application of Fitness Testing	13

## Potential Careers

Teacher

Nutritionist

Physio

Apprentice

Journalist

Coach

Commentator

Pro-Athlete

Personal Trainer

Equipment Design

Sports Psychologist

Medic

Agent

Exercise Physiologist

## Am I suitable for the course?

Although there are no formal access requirements, a standard of literacy and numeracy supported by a general education equivalent to four GCSEs at grade 9-5 is sufficient. GCSE PE is desirable but not essential. You must:

- be hardworking, focused and organised (you will need to meet deadlines most weeks).
- be able to work independently as well as in pairs or groups.
- want to pursue a career in sport and/or study sport at University



WOODHOUSE GROVE SCHOOL

Academic PE / Sport



**Career Directions:**

- Teacher
- Nutritionist
- Physio
- Apprentice
- Journalist
- Coach
- Commentator
- Pro-Athlete
- P. Trainer
- Equipment Design
- Sports Psychologist
- Medic
- Agent
- Exercise Physiologist

Future Choices



**WGS Academic Sport**

@wgsacademicPE

If you have any questions please get in touch via Twitter or alternatively email/phone: 0113 250 2477

[Curtis.kc@woodhousegrove.co.uk](mailto:Curtis.kc@woodhousegrove.co.uk)