

Academic PE

GCSE PE (OCR)

Content Overview

Assessment Overview

Applied anatomy and physiology
Physical training

Physical factors affecting performance (01)

60 marks

1 hour

written paper

30% of total GCSE

Socio-cultural influences
Sports psychology
Health, fitness and
well-being

Socio-cultural issues and sports psychology (02)

60 marks

1 hour

written paper

30% of total GCSE

Practical activity
assessment
Analysing and Evaluating
Performance (AEP)

Performance in physical education (03)*

80 marks

non-exam assessment (NEA)

40% of total GCSE

Am I suitable for the course?

Although there are no formal access requirements, an interest in sport and science would be beneficial. It is also strongly recommended that the candidate can perform well in at least 3 sports with 1 of the 3 being either a team or individual sport and be actively competing.

GCSE PE links well with science and leads nicely onto BTEC Sports Coaching.



BTEC L3 Sport (Extended Certificate)

Our students have achieved....

88% D*/D in 2024 (equivalent to A*/A)

100% Merit or above



100% Pass Rate for 11 years

What will I study?

Unit	Year
1 – Anatomy & Physiology	12
2 – Fitness Training & Programming	13
3 – Professional Development in the Sports Industry	12
5 – Application of Fitness Testing	13

Potential Careers

Teacher Coach Equipment Design

Nutritionist Commentator Sports Psychologist

Physio Pro-Athlete Medic

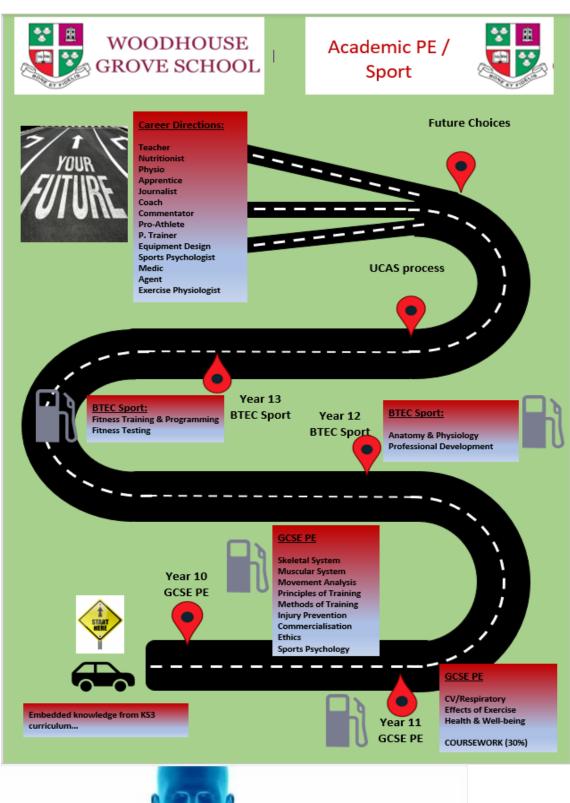
Apprentice Personal Trainer Agent

Journalist Exercise Physiologist

Am I suitable for the course?

Although there are no formal access requirements, a standard of literacy and numeracy supported by a general education equivalent to four GCSEs at grade 9-5 is sufficient. GCSE PE is desirable but not essential. You must:

- be hardworking, focused and organised (you will need to meet deadlines most weeks).
- be able to work independently as well as in pairs or groups.
- want to pursue a career in sport and/or study sport at University





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