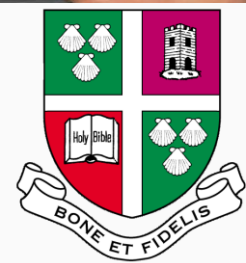


# Sports Leaders

## DEVELOPING LEADERSHIP SKILLS



## Why study Sports Leaders?

The level three sports leadership course helps learners develop five essential employability skills, universities and employers state they look for in young people leaving school:

**Communication:** Listening to and sharing information effectively.

**Self-belief:** Building confidence in one's own ability.

**Teamwork:** Working with others.

**Self-management:** Taking responsibility for one's actions.

**Problem solving:** Understanding a problem and using logic to solve it.

The framework helps learners identify and articulate skills that are required in employment and give real examples of how they have used these skills beyond the classroom.

*On completion you  
will gain.....*

- Level 3 Qualification in Sports Leadership
- Credits: 13
- UCAS points: 16

**Leadership  
Skills  
Foundation**  
Believe. Lead. Succeed.

## Am I suitable for the course?

There are no formal access requirements, however, the course starts in year twelve and is open to students who will benefit from completing the course alongside other academic subjects.

You must:

- Be hardworking and organised
- Be able to work independently as well as in pairs or groups.
- Be able to work alongside staff in coaching sports teams.

# What will I study?

Units	Tutor Hours	Directed Study	Qualification Time
1. Developing leadership skills	4	4	8
2. Lead safe sport/Physical activity sessions	5	4	9
3. Know how to plan inclusive sport	18	10	28
4. Plan, lead and evaluate a series of progressive sessions	15	10	25
5. Plan, lead and evaluate an event	15	12	27
6. Demonstrate the ability to deliver sessions	3	22	25



Ten students completed the course in 2022 and gained the qualification.

The numbers of students choosing to take the course within the school is growing, including fourteen year thirteens and twenty three year twelves.

# How am I assessed?

You will be given a learner evidence booklet, which we will go through in classroom lessons. This will contain an element of theory and self reflection tasks and will be assessed on completion of the course.

There are also practical assessments on your ability to plan, lead and evaluate sports or physical activity sessions. You will be assessed by different members of staff, depending on the sports you choose to deliver.



# Opportunities...

You will be expected to lead sports sessions at the school and within the local community. There are opportunities to deliver sessions during co-curricular clubs, physical education lessons and games.

If you have any questions please get in touch via Twitter or alternatively email/phone:  
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