



WGS Academic Sport

@wgsacademicPE

If you have any questions please get in touch via Twitter or alternatively email/phone:

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Academic PE

GCSE PE OCR

Content Overview

Assessment Overview

Applied anatomy and physiology
Physical training

Physical factors affecting performance
(01)
60 marks
1 hour
written paper

30%
of total
GCSE

Socio-cultural influences
Sports psychology
Health, fitness and well-being

Socio-cultural issues and sports psychology
(02)
60 marks
1 hour
written paper

30%
of total
GCSE

Practical activity assessment
Analysing and Evaluating Performance (AEP)

Performance in physical education
(03)*
80 marks
non-exam assessment (NEA)

40%
of total
GCSE

Am I suitable for the course?

Although there are no formal access requirements, an interest in sport and science would be beneficial. It is also strongly recommended that the candidate can perform well in at least 3 sports with 1 of the 3 being either a team or individual sport and be actively competing.

GCSE PE links well with science and leads nicely onto BTEC Sports Coaching.

BTEC L3 Sport (Extended Certificate)

Our students have achieved....

84% D*/D in 2023
(equivalent to A*/A)

100% Pass Rate for 10 years

RESULTS



What will I study?

| Unit | Year |
|---|------|
| 1 – Anatomy & Physiology | 12 |
| 2 – Fitness Training & Programming | 13 |
| 3 – Professional Development in the Sports Industry | 12 |
| 5 – Application of Fitness Testing | 13 |

Potential Careers?

Teacher
Nutritionist
Physio
Apprentice
Journalist

Coach
Commentator
Pro-Athlete
Personal Trainer

Equipment Design
Sports Psychologist
Medic
Agent
Exercise Physiologist

Am I suitable for the course?

Although there are no formal access requirements, a standard of literacy and numeracy supported by a general education equivalent to four GCSEs at grade 9-5 is sufficient. GCSE PE is desirable but not essential. You must:

- be hardworking, focused and organised (you will need to meet deadlines most weeks).
- be able to work independently as well as in pairs or groups.
- want to pursue a career in sport and/or study sport at University